
Uplands Elementary/Uplands Montessori

4471 – 207 A Street Langley, BC V3A 5V8
Phone: 604-533-1285 Fax: 604-532-9748
School Website: <https://uplands.sd35.bc.ca/>

Principal: Ryan Neufeld
Email: ryneufeld@sd35.bc.ca

Admin Assistant: Deanna Halldorson
Email: dhalldorson@sd35.bc.ca



Family Fridge Memo Nov 01, 2024

Dear Parents and Guardians,

I hope everyone had a fun and safe Halloween! It was wonderful to see so many creative costumes and smiling faces yesterday. As we return to our regular routines, I want to remind everyone of a few important things:

1. **Focus on Learning:** After the excitement of Halloween, it's important to refocus on our learning. Let's bring the same energy and creativity we showed in our costumes to our learning activities.
2. **Healthy Choices:** With all the candy collected, remember to enjoy it in moderation. A balanced diet helps us stay alert and ready to learn.
3. **Respect and Kindness:** Halloween is a time for fun, but let's continue to show respect and kindness to one another. Whether it's sharing treats or helping a friend, small acts of kindness make our school a better place.

Thank you to everyone who participated in making Halloween a memorable event. Let's carry forward the spirit of community and joy into the rest of the school year.

On Thursday at 10 am will be our Remembrance Day Assembly. Parents and guardians are welcome to attend.

Have a great weekend!

Ryan Neufeld,
Principal - Uplands Elementary School

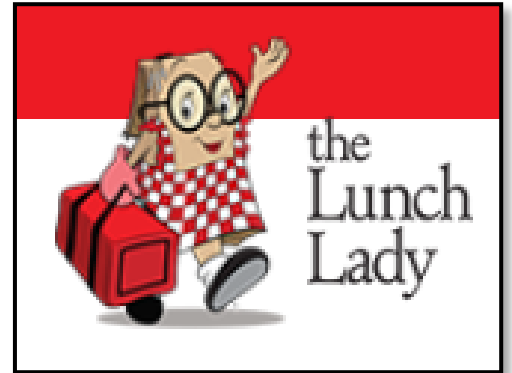
Action Required:

- ☐ Lunch Lady - We are happy to share the good news that **we will be expanding our school meal program by offering an optional, weekly hot lunch program delivered by the Lunch Lady.** Order before Thursday to receive the Hot Lunch Tuesday! **You can order for the whole month!**

The Lunch Lady is now ready to take your order!

Please see attached letter and HOW TO ORDER document from the LUNCH LADY

[Lunch Lady Letter SY 2024_2025.pdf](#)



Please note this is separate from the PAC Hot Lunches.

The November menu is now available! (See below)

- ☐ Fall brings wind & rain. Please have your children **dress appropriately** every day **for the weather.** Please pack a **spare change of clothes** that can be **kept in your child's backpack,** please include a pair of socks.



- ☐ **Remembrance Day Assembly 10:00 Start** - November 7th (Families Welcome)

It is a long-standing tradition for schools to support our veterans and the efforts of the Royal Canadian Legion. **Please note that our school will be receiving a poppy for every student.** We will be distributing them to classes in a safe manner. **We will continue to collect funds this year in support of the Legion's Poppy Campaign but kindly ask students and their families to donate online via School Cash Online.**

Please do not send cash or cheques with your child to school.

We appreciate your generosity. As always, our school is committed to educating our community about the meaning of the poppy and Remembrance Day.



- Daylight Savings – **Clocks Fall back Nov 3rd.**
- Nov 8 - Pre / Design & Assessment Day – **Students Not In Session**
- **Nov 11 - Remembrance Day – School Closed**
- Nov – Excel Martial Arts will be coming to Uplands Elementary on Nov students will get the opportunity to participate in a Marial Arts Lesson during a PE Block. If you DO NOT want your child to participate in this event, please let the office know.

In the Community

- **Student Safety Around Schools** - With the days growing shorter and the weather changing to rain, fog, and frost, Uplands Elementary School is reminding all our students to take extra precaution when walking to and from school.

Please be aware of your surroundings, walk on the sidewalk and with someone whenever possible, and avoid wearing headphones. We also ask drivers in our school community to be vigilant on our roads. Student safety is our priority. Thank you for your cooperation and support in keeping everyone safe.



Important Dates:

- Nov 6 - Fire Drill
- Nov 7 - Hot Lunch – Sushi
- Nov 7 - Remembrance Day Assembly @ 10:00
- Nov 8 - **Pre / Design & Assessment Day – Students Not In Session**
- Nov 11 - **Remembrance Day – School Closed**
- Nov 15 - Spirit Day - Jersey Day
- Nov 26 - Excel Marital Art Classes in the Gym
- Nov 27 - **Student Inclusive Conferences – Students Not in Session**
- Nov 28 - **Student Inclusive Conferences – 2hr Early Dismissal**
- Nov 29 - Spirit Day – Facial Hair Day

From the PAC:

- Sushi Hot Lunch - Nov 7th - Orders are now Closed
- Sound Bath in the Gym. Nov 15 @ 7:00pm – 8:00pm
Join Carlee for an evening of restoration and healing for the whole body, mind and soul. All proceeds go to Uplands Elementary PAC.

https://www.eventbrite.ca/e/sound-bath-for-a-cause-tickets-1028234686627?aff=oddtcreator&fbclid=IwZXh0bgNhZW0CMTEAAR3h0GCS_TwpVV2ETwWJITvFd1pxKk6mJKBaKTn4DVSPsn2tt5mG8QABnxc_aem_9JqTk5JT3AX7nX5WQmUu2w

- Subway Hot Lunch - Nov 26th
- Nov 27th PAC Meeting @ 6:00 pm – Library and Zoom
- Dec 14th Curling & Pub Night - Parents Night Out (more information to come)
- Dec 20th – Santa Breakfast



Sound Bath For A Cause

Friday November 15th 7-8 p.m.
Uplands Elementary 4471 207 A St. Langley

Join Carlee, Owner of Oxygen Yoga Brookwood, 500 HR
Yoga Instructor and Sound Healer for an evening of
restoration and healing for the whole body, mind and soul.

Minimum suggested donation \$20
All proceeds go to Uplands Elementary PAC
Every person who attends will be entered into a draw
for a prize basket containing Oxygen Swag!!



November 2024 Langley MENU – Tuesdays



Tuesday	Week 1 11/05	Week 2 11/12	Week 3 11/19	Week 4 11/26
Regular	Smiling Shepherd's Pie Mashed Potato Fruit	Perogies PEI Mixed Vegetables Sour Cream Fruit	Turkey Hot Dog Fresh Veggies & Dip Ketchup Fruit	BBQ Chicken Drumsticks Mashed Potatoes Corn Fruit
2nd Choice	Bagel with Cream Cheese Cucumbers and Dip Fruit	Mac n' Dogs Broccoli Fruit	Chicken Nuggets, Dinner Bun, Plum Sauce Fresh Veggies and Dip Fruit	Chicken Caesar Salad Dinner Bun
Vegetarian	Bagel with Cream Cheese Cucumbers and Dip Fruit	Veggie Mac n' Dogs Broccoli Fruit	Veggie Hot Dog Fresh Veggies and Dip Ketchup Fruit	Falafel Ranch Salad Dinner Bun
Halal Friendly	Bagel with Cream Cheese Cucumbers and Dip Fruit	Halal Mac n' Dogs Broccoli Fruit	Halal Chicken Hot Dog Fresh Veggies & Dip Ketchup Fruit	Halal BBQ Chicken Drumsticks Mashed Potatoes Corn Fruit



Order.lunchlady.ca

theLunchLady.ca

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School Status Info During Inclement Weather

Information about school status during **inclement weather, snow closures and power outages are an annual occurrence in Langley School District**. So, where do you go to get information about the status of schools during periods of inclement weather?

If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on:

- **On the District and School websites**
(See alert announcing the effected schools displayed at the top of the district website)
- **On Facebook, X (formerly twitter) and Instagram**
- **On media outlets such as CKNW 980AM, News1130, 170.1FM Country, CBC Radio 690AM, Pulse Radio 107.7 or 88.1FM**

If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them to check the district website for you.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30 am. **As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances.** If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

In the event of inclement weather, please do not call the school. During a power outage we are reduced to one landline. We need to this line free for emergencies. Also, the office is not able to answer so many phone calls.

Thank you for your cooperation - Uplands Office Staff.